

**SCHEME AND SYLLABUS OF EXAMINATION FOR THE PURPOSE OF FILLING UP THE POST OF PANCHAKARMA TECHNICIANS UNDER THE SIKKIM STATE AYUSH SERVICE.**

The examination will consists of 02 papers: -

PAPERS	SUBJECT	FULL MARKS	TIME ALLOWED
PAPER-I	GENERAL ENGLISH & GENERAL KNOWLEDGE	100 MARKS MCQ & CONVENTIONAL	02:00 HOURS
PAPER-II	MAIN PAPER	300 MARKS MCQ & CONVENTIONAL	03:00 HOURS
VIVA-VOCE/ PERSONALITY		50 MARKS	

Paper I & II will be objective type (OMR) and conventional mode.

**PAPER-I:**

**(a) General English (MCQ/ Conventional mode)**

The question will be designed to test the candidate's understanding and command of the English language. The pattern of questions would be broadly as follows:-

- 1) Comprehensive of given passage
- 2) Grammar
- 3) Usages and vocabulary
- 4) Essay Writing
- 5) Report writing

**(b) GENERAL KNOWLEDGE:-**

- i) Current events of local, national and international importance
- ii) National level scheme & projects undertaken by the Government of India/ State Government.

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 M.S. (Ortho)  
 Director General  
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PAPER-II : MAIN PAPER (MCQ/ CONVENTIONAL MODE)

1. Ayurveda ParichayaEvamSwasthvritta
2. Sharira
3. DravyaGuna, Bhaishajyakalpna&Pathyapathya
4. ChikitsaKeSamanyaSiddhanta
5. Panchakarma- Purvakarma
6. Panchakarma- Pradhanakarma-I
7. Panchakarma- Pradhanakarma-II
8. Maintenance of Panchakarm unit and NursingPractice

1.-AYURVEDA PARICHAYA EVAMSWASTHVRITTA


Ayurveda parichya

Swasthvritt

2.-SHARIRA

RachnaSharira

KriyaSharira

  
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**3.-DRAVYA GUNA, BHAISHAJYA KAPANA AND PATHYAPATHYA**

DravyaGuna

Bhaishiyakalpana

Aahaar&Pathyapathya

**4.-CHIKITSA KE SAMANYA SIDDHANTA**

Nidaan - kaya chikitsa&Shalva – Shaalaky

StreeRoga- PrasutiTantra and kaumarbhritya

**5.-PANCHAKARMA- PURVA KARMA**

Deepan-paachan, Snehana&Swedana

Keraliyapanchakarma& spa culture

**6.-PANCHAKARMA- PRADHAN KARMA -I**

Vaman karma

Virechana karma

Nasya karma

**7.-PANCHAKARMA- PRADHAN KARMA-II**

Basti karma.

AnuvaasanBasti& Uttar Basti karma

Raktamokshana

**8.-MAINTENANCE OF PANCHAKARM UNIT AND NURSING PRACTICE**

Maintenance of Panchkarma Unit.

Nursing Practice

VIVA-VOCE:

The test is intended to judge the mental calibre of candidate. In broad terms this is an assessment of not only his intellectual qualities but also social traits and an interest in current affairs, mental alertness and critical powers of assimilations, care and logical exposition, balance of judgement, variety and depth of interest.

Director General Health Services,  
Department of Health Care, Human Services & Family Welfare.

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