

SCHEME AND SYLLABUS OF EXAMINATION FOR THE PURPOSE OF FILLING UP THE POST OF JUNIOR DIETICIAN UNDER THE SIKKIM STATE SUBORDINATE ALLIED AND HEALTHCARE SERVICE.

I. The mode of examination and setting-up of question-papers shall be both, i.e., conventional type and objectives type MCQs in paper I and II. The candidates are required to answer the objective type MCQs in the OMR Sheets and are required to follow the guidelines provided in the OMR Sheet while answering the questions.

II. The subject wise allotment of maximum marks shall be as under:

Syllabus:-		
General English	PAPER I	50 marks
General Knowledge		30 marks
Main Paper Junior Dietician Course	PAPER II	100 marks
TOTAL		180 marks
Viva voce/ interview		20 marks
Grand Total		200 marks

III. Syllabus for written examination for Junior Dietician: -

1. Introduction to Nutrition.
2. The Digestive System.
3. Macronutrients.
4. Minerals.
5. Energy Metabolism.
6. Measuring Food Intakes.
7. Vitamins.
8. Meal Management.
9. Nutrition in Infancy.
10. Nutrition in Childhood.
11. Nutrition in Adolescence.
12. Geriatric Nutrition.
13. Therapeutic Nutrition.
14. Nutrition and Weight Management.
15. Nutritional Management in Eating Disorders.
16. Nutrition Screening, Assessment and Planning.



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